Mental Health Therapist

Reports To: Behavioral Health Clinical Director

Location: Winnebago Counseling Center, Winnebago, NE 68071

Department: Mental Health  Status: Full Time, Non-Exempt

Date: 9/26/2016 to 10/18/2016  Salary/Grade: Negotiable

Job Purpose and Position Overview:

This position is responsible for serving as a therapist for individuals and families experiencing a wide variety of serious emotional crises relating to all aspects of mental health and mental illness in the Winnebago Counseling Center.

Specific Job Duties/Responsibilities:

- Demonstrate the Winnebago Tribe's Human Resource Department's core mission, vision and values
- Directs client contact during intake interviews and therapy, diagnosing and maintaining case files, progress notes and documentation as required
- Makes home visits for therapy sessions with mental health clients upon request and when appropriate
- Utilizes the Diagnostic and Statistical (DSM-IV) Manual for the purpose of identifying the mental health condition/problems of the Counseling Center clients
- Facilities the clinical psychologist/psychiatrist consultant referrals and contact with the clients under their care
- Provides inpatient mental health services to tribal members at the local P.H.S. I.H.S Hospital as needed, or necessary
- Provides vital information about the interpretation of Indian culture to the treatment of Indian patients referred to the Clinical Psychologist or the Psychiatrist
- Fosters understanding and cooperation by helping to plan program operations and identifying psycho/socio problems from the Winnebago viewpoint
- Provides liaison services between the Mental Health Center and the Winnebago community by serving as an acceptable source of reliable information. Informs tribal groups, organizations, and individuals of the resources available to them. Provides an understanding of the Mental Health program and the need for it, by explaining its intent and functions. Describes indices of mental illness. Explains the need for therapy, methods of treatment and results that can be expected, if such information is requested. In doing so, speaks in tactful, understanding terms in order to avoid any offense, thereby gaining cooperation, confidence, and approval
- Works closely with the Winnebago Community School System to insure that the mental health, mental illness needs of the school age population of Winnebago are met
- Deals directly with psychiatric patients in virtually any situation. The therapist deals with them in situations which requires warmth and understanding, skill in human relations and counseling in
order to establish and maintain communications for therapeutic results, and to effect motivation and change in Winnebago patients

- Maintains communications with psychiatric hospital and guidance clinics in various locations, state, local and federal, to assure proper care, treatment, planning, and follow-up are in effect to meet mental health needs of the patients/clients

- Provides meaningful and therapeutic counseling of the Mental Health Center, the local I.H.S. Hospital, of elsewhere, with individuals and family groups, many of whom have been diagnosed as risk individuals or groups with multifaceted problems within the family or the home

- Develops knowledge of policies and resources available through community and state agencies Communities directly with other agencies, making client referrals when necessary and appropriate. Such referrals may be to the State Welfare Agency, Social Security, Veteran’s Administration, Norfolk State Hospital, Boy’s Town, St. Joseph’s Mental Health Center in Omaha, Marian Mental Health Center in Sioux City, Iowa, or other facilities. The therapist serves as liaison person between the patient, I.H.S. or the other facilities or agencies in order that proper patient care is obtained

- Works with Medical Social Worker, Physicians, and other professionals at the local I.H.S. Hospital to coordinate their referral protocol for patients with the procedures followed by the Mental Health Center. This liaison is especially pertinent in regards to suicidal ideation’s and suicide attempts

- Works with organized groups, as well as, spontaneous groups toward the goal of community development; serving in this role as a consultant, advocate, or as a participant, using personal judgment as to which is best suited to the situation.

- Prepares reports and evaluations, both written and oral, in regard to accomplishments, activities, patient/client care and staff training

- Assists when necessary, with the orientation of the medical staff, in addition to other human resource agencies

- Works closely with all community committees as warranted to meet the needs of the mental health clientele

- Attend required company and departmental meetings and outside trainings

- Perform other related duties as assigned

**Required Qualifications/Skills:**

- Masters’s degree in Counseling, Social Work or Psychology
- Willing to develop knowledge of the Winnebago Tribal Culture, traditions and the organization of the reservation/tribal governing bodies
- Excellent verbal and written communication skills
- Must have basic computer abilities and knowledge
- Must be able to travel
- Self-starter with the ability to perform with little or no direct supervision
- Ability to pass drug screen and background checks
- Must have a valid US Driver’s license

**Training Requirements:**
As directed and required by the Director

**Physical Requirements:**

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<thead>
<tr>
<th>Normal Office</th>
<th>Heavy work (lift 30-50 lbs.)</th>
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<tbody>
<tr>
<td>Light work (lift 10 lbs.)</td>
<td>Very heavy work (lift over 50 lbs.)</td>
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<tr>
<td>Medium work (lift 11-30 lbs.)</td>
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Other physical requirements (note):
- The employee frequently is required to sit for extended periods of time and use hands to operate computer keyboard, telephone and basic office equipment
- While performing the duties of this job, the employee is regularly required to talk and hear
- Ability to drive company owned or personal vehicle
- Ability to travel via car or plane

**Mental Requirements:** (as presently performed to accomplish essential functions)

- ☒ Reading, Writing, Calculating
- ☒ Social Interaction Skills
- ☒ Reasoning/Analysis
- ☒ Works with Minimal Supervision
- ☐ Other Mental Requirements (note)

**Language Requirements:**

Ability to effectively speak, read and write English

**HOW TO APPLY:**

Please submit the application, resume, cover letter explaining why you are qualified for the position and TWO (2) letters of recommendation. If claiming Indian or Veteran preference, please include those documents. **Submit to:** Human Resources, Winnebago Tribe of Nebraska, PO Box 687, Winnebago, NE 68071 OR Fax to 402-878-3198 OR drop off to the Human Resources office located in the Blackhawk Community Building. **Applications without proper documents will not be considered.** Please call HR at 402-878-3133 for further information.

Under Federal Law, all qualified Indian applicants will receive preference over non-Indian applicants. In the absence of qualified Indian applicants considerations shall be given to applicants without regard to race, color, religion, sex, sexual orientation/identity, national origin, age, marital status, veteran status, genetic information, disability or any other reason prohibited by law in provision of employment opportunities and benefits.